

## Beach and Ocean Safety Resources – Hawai‘i and Kaua‘i



### Statewide Ocean Safety Resources

- Hawai‘i Ocean Safety Website – Offers safety tips like swimming at lifeguarded beaches, recognizing signs of distress, and reading ocean conditions.

Website: <https://oceansafety.hawaii.gov>

- Hawai‘i Beach Safety – Provides live updates on surf conditions, hazard ratings, and beach safety tips.

Website: <https://oceansafety.hawaii.gov/ocean-safety-tips>

- Safe Beach Day – Features real-time weather, wave, and tide conditions for all Hawaiian Islands.

Website: <https://safebeachday.com/state/hawaii>



### Kaua‘i-Specific Safety Programs

- Kaua‘i Ocean Safety Bureau – Part of the County’s Fire Department, provides lifeguard staffing, ocean rescues, and education.

Website:

<https://www.kauai.gov/Government/Departments-Agencies/Fire-Department/Ocean-Safety-Bureau>

- Kaua‘i Lifeguards Association – Supports lifeguard services and ocean safety education through community events.

Website: <https://kauailifeguards.org>

- Kaua‘i Beach Safety Guidelines – General beach safety advice and updated ocean condition info. Website: <https://www.kauai.com/beach-safety>



### Youth and Community Programs

- Junior Lifeguard Program – Free summer training for ages 8–17 on ocean safety, CPR, and rescue techniques.

Website:

<https://www.kauai.gov/Government/Departments-Agencies/Fire-Department/Ocean-Safety-Bureau>

Swim Lessons at Kapaa and Waimea pools Registration starts May 24

Website:

<https://www.kauai.gov/Government/Departments-Agencies/Fire-Department/Ocean-Safety-Bureau/>

Nā Kama Kai – Nonprofit offering free ocean clinics that teach water safety through Hawaiian cultural practices.

Website: <https://nakamakai.org>

Alex and Duke DeRego Foundation: School programs and keiki water safety

<https://alexanddukederegofoundation.com/>

Free Dive Safe has programs for adults and keiki

<https://freedivesafe.org/>

## **Water Safety Organizations**

### **Outrigger Duke Kahanamoku Foundation**

<https://dukefoundation.org>

### **National Drowning Prevention Alliance**

<https://NDPA.org>

### **National Water Safety Action Plan USNWAP**

<https://watersafetyplan.us>

### **2025 Hawaii Water Safety Plan HWSC**

<https://hiwatersafetycoalition.org>

